# Dance Study

**Where did you see this dance?**
(If on the internet give http address and explain were the people are)

- In a movie at a circus

**Who was dancing?**

- Animals

**Why were they doing this dance?**
What was the reason or purpose

- To entertain people

---

## Elements

**The ingredients or building blocks of dances...**

### Axial Movements (stationary)
**Examples:** bend, twist, bounce, stretch, swing, spin, kick, punch, reach, throw/catch, pull/push, clap, balance

### Locomotor Movements (travel)
**Examples:** leap, jump, walk, skip, hop, lunge, run, slide, tiptoe, crawl, roll, shuffle

### Levels
- high
- medium
- low

### Speed
- Half time (slow)
- Tempo (medium on the beat)
- Double time (fast)

### Lines & Pathways (in body & through space)
**Examples:** vertical, horizontal, diagonal, zigzag, curvy, spiral

### Shapes & Formations (in body or made by many bodies)
**Examples:** triangle, circle, square, rectangle, trapezoid, pentagon, rhombus, oval, octagon

### Energy
**Examples:** heavy, light, sharp, percussive, smooth, stretch, collapse, explode, vibrate

### Directions
Ex: Side to side, forward, backwards, around, over, under, in between, towards, away, across

---

### Describe
Use the language of dance to describe the dance you saw...

- The animals spun, stretched, swung, balanced, threw, and twisted
- There was leaps, jumps, turns, and hops
- It was mainly at medium/high levels
- It was at tempo at the end but the rest was double time
- Their bodies moved vertically and horizontally throughout the dance
- The dance was synchronized in a circle, but in the end it was a line
- It was a very heavy dance with some sharp movements
- They moved forwards, backwards, left, and right (sometimes)
**Dance Study**

<table>
<thead>
<tr>
<th><strong>Where</strong> did you see this dance?</th>
</tr>
</thead>
<tbody>
<tr>
<td>(If on the internet give URL and explain where the people are)</td>
</tr>
<tr>
<td>YouTube: korean girl dance</td>
</tr>
<tr>
<td>I guess Korea</td>
</tr>
<tr>
<td><strong>Who</strong> was dancing?</td>
</tr>
<tr>
<td>By (list names of performers)</td>
</tr>
</tbody>
</table>

**Why** were they doing this dance?  
What was the reason or purpose  
I think the video is about girls trying to get or impress a guy with this dance.

**ELEMENTS**  
The ingredients or building blocks of dances...

**Axial Movements** (stationary)  
Examples: bend, twist, bounce, stretch, swing, spin, kick, punch, reach, throw/catch, pull/push, clap, balance  
bounce, kick, swing, pull/push, reach, spin

**Locomotor Movements** (travel)  
Examples: leap, jump, walk, skip, hop, lunge, run, slide, tiptoe, crawl, roll, shuffle  
jump, skip, slide, run, leap, walk

**Levels**  
high  
medium  
low  
high & medium

**Speed**  
Half time (slow)  
Tempo (medium on the beat)  
Double time (fast)  
Tempo, medium on the beat

**Lines & Pathways** (in body & through space)  
Examples: vertical, horizontal, diagonal, zigzag, curvy, spiral  
spiral, vertical, zigzag

**Shapes & Formations** (in body or made by many bodies)  
Examples: triangle, circle, square, rectangle, trapezoid, pentagon, rhombus, oval, octagon  
trapezoid (legs), circle (arms), triangle (legs)

**Energy**  
Examples: heavy, light, sharp, percussive, smooth, stretch, collapse, explode, vibrate  
light & sharp

**Directions**  
Ex: Side to side, forward, backwards, around, over, under, in between, towards, away, across  
side to side, forward, backward, around, over, under, in between, towards, away, across
### Dance Study

| Where did you see this dance? (If on the internet give http address and explain were the people are) | at my notice. |
| Who was dancing? | me & my brother. |
| Why were they doing this dance? What was the reason or purpose | Both me & him were making a video. |

#### ELEMENTS
The ingredients or building blocks of dances...

| Axial Movements (stationary) | Bend, spin, swing, |
| Examples: bend, twist, bounce, stretch, swing, spin, kick, punch, reach, throw/catch, pull/push, clap, balance | |
| Locomotor Movements (travel) | slide, lunge, |
| Examples: leap, jump, walk, skip, hop, lunge, run, slide, tiptoe, crawl, roll, shuffle | |

| Levels | high, medium, low |
| Speed | Half time (slow), Tempo (medium on the beat), Double time (fast) |
| Lines & Pathways (in body & through space) | horizontal, curvy |
| Examples: vertical, horizontal, diagonal, zigzag, curvy, spiral | |

| Shapes & Formations (in body or made by many bodies) | lines |
| Examples: triangle, circle, square, rectangle, trapezoid, pentagon, rhombus, oval, octagon | |

| Energy | smooth, light |
| Examples: heavy, light, sharp, percussive, smooth, stretch, collapse, explode, vibrate | |

| Directions | up & down, side to side |
| Turn, side to side, forward, backwards, around, in between, towards, away, across | |