Leadership Starts with You
Population 62
Chicago to Matfield Green! Why?????
RAISING VOICES

A new play written and performed by Chicago area LGBTQ youth and their allies.

JUNE 12-JULY 23
Thurs. - Sun. at 8pm

ADDITIONAL MATINEE PERFORMANCES:
JULY 15 and 22 at 4pm

BOX OFFICE: 773.549.3290
OR www.aboutfacetheatre.com
On the road to love and leadership, use your HEAD but let your HEART lead the way.
“…the place where your deep gladness and the world’s deep hunger meet.”

~Frederick Buechner
“NO”
“It’s a job I love, but I wouldn’t wish it on anybody else.”

~Youth Arts Exec Director
“YES!”
Leadership is mobilizing people to do difficult work.

Managing yourself is an act of leadership.

Leadership is an activity not a position.
Leadership is mobilizing people to do difficult work.
What are your aspirations?
What makes leadership difficult?
### Distinguishing Technical and Adaptive Work

<table>
<thead>
<tr>
<th></th>
<th>Technical Work</th>
<th>Adaptive Work</th>
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</thead>
<tbody>
<tr>
<td><strong>The Solution</strong></td>
<td>is clear</td>
<td>requires learning</td>
</tr>
<tr>
<td><strong>The Problem</strong></td>
<td>is clear</td>
<td>requires learning</td>
</tr>
<tr>
<td><strong>Whose Work is it?</strong></td>
<td>experts or authority</td>
<td>stakeholders</td>
</tr>
<tr>
<td><strong>Type of Work</strong></td>
<td>efficient</td>
<td>act experimentally</td>
</tr>
<tr>
<td><strong>Timeline</strong></td>
<td>ASAP</td>
<td>long-term</td>
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</table>
Managing yourself is an act of leadership.
Manage Self

• Know your strengths, vulnerabilities and triggers
• Know the story others tell about you
• Choose among competing values
• Get used to uncertainty and conflict
• Experiment beyond your comfort zone
• Take care of yourself
Ask yourself:

- What kind of self-management will it take to reach our aspirations?
- What makes it worth the effort to manage myself?
Take care of yourself.
• Sleep.
• Eat well.
• Exercise.
• Stay home when you’re sick.
• Use your vacation days.
• Prayer/meditation/nature.
• Recognize when you need to take care of yourself.
• Make time for the things that keep you sane and happy.
• Know what your priorities are.
• Be aware of destructive needs, hungers, addictions.
• Say “no” often.
• Maintain compassion for yourself.
“It’s not the load that breaks you down, it’s the way you carry it.”
~Lena Horne
Experiment outside your comfort zone

all the people in the world

all of the situations in the world
Experiment outside your comfort zone

all of the people in the world

all of the situations in the world
Experiment outside your comfort zone

You

Your Values
Experience
Skills
Family
Preferences
Triggers etc.

All of the situations in the world
All of the people in the world
Experiment outside your comfort zone

- You
- Your Values
- Experience
- Skills
- Family
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All of the situations in the world

All the people in the world
Experiment outside your comfort zone

*YOU*

YOUR VALUES  
EXPERIENCE  
SKILLS  
FAMILY  
PREFERENCES  
TRIGGERS etc.

all of the situations in the world

all the people in the world
Leadership is an activity, not a position.
Continue the conversation

http://kansasleadershipcenter.org
Questions?