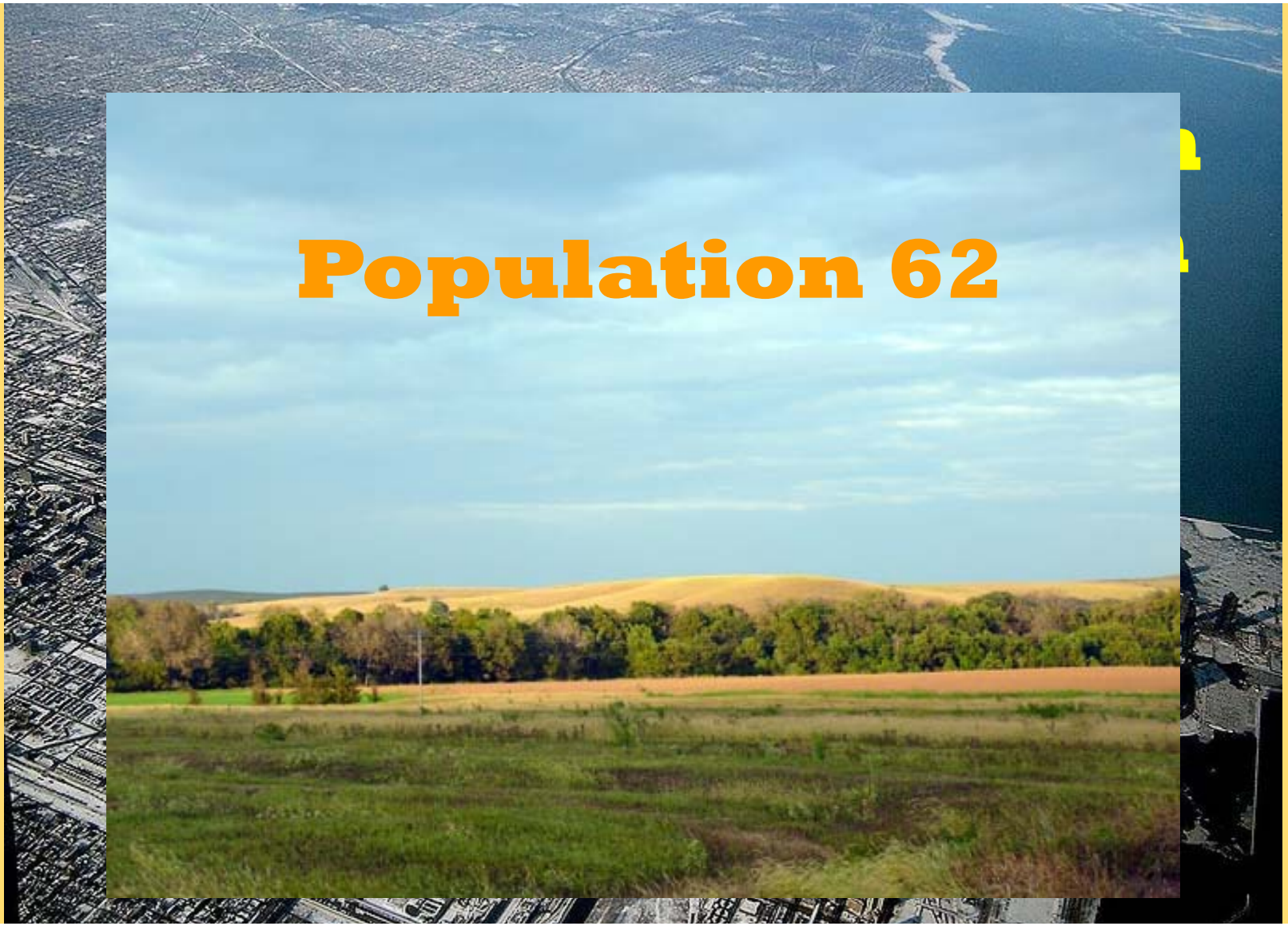
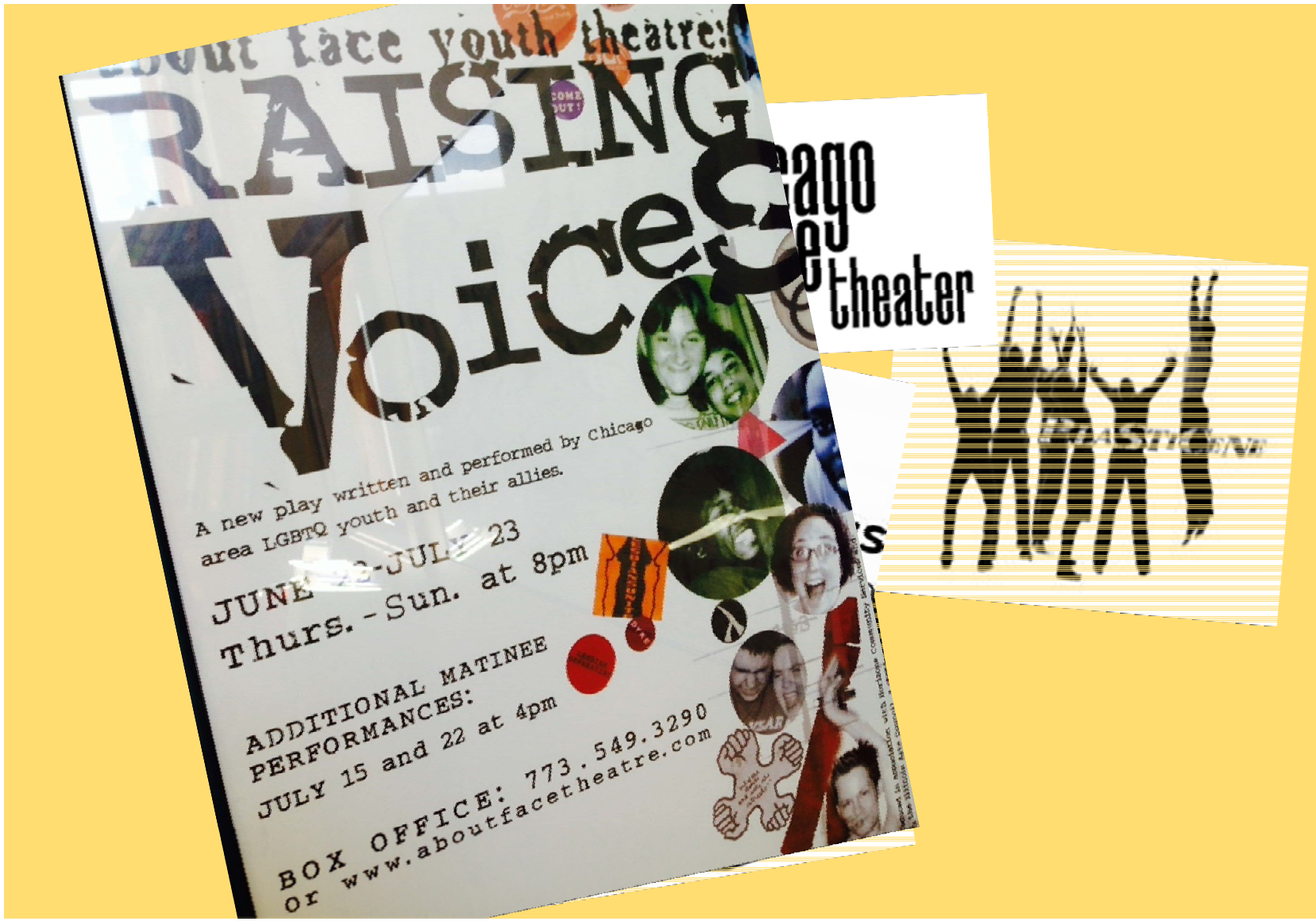
Leadership Starts with You


Population 62

Chicago to Matfield Green! Why?????

CHICAGO RIVER
RIVER RESCUE
DAY

Riverbank Neighbors
Bill McBride Prairie


about face youth theatre:
RAISING
Voices
A new play written and performed by Chicago area LGBTQ youth and their allies.
JUNE
Thurs.-Sun. at 8pm
ADDITIONAL MATINEE PERFORMANCES:
JULY 15 and 22 at 4pm
BOX OFFICE: 773.549.3290
or www.aboutfacetheatre.com
ago
theater

SeaLilyStudio.com

On the road to love
and leadership,
use your HEAD but
let your HEART lead the way.

“…the place where
your deep gladness
and the world’s deep hunger meet.”

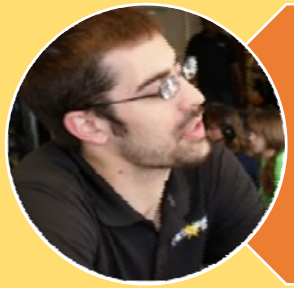
~Frederick Buechner

“NO”

“It’s a job I love, but I wouldn’t wish it on anybody else.”

~Youth Arts Exec Director

“YES!”



Leadership is mobilizing people to do difficult work.

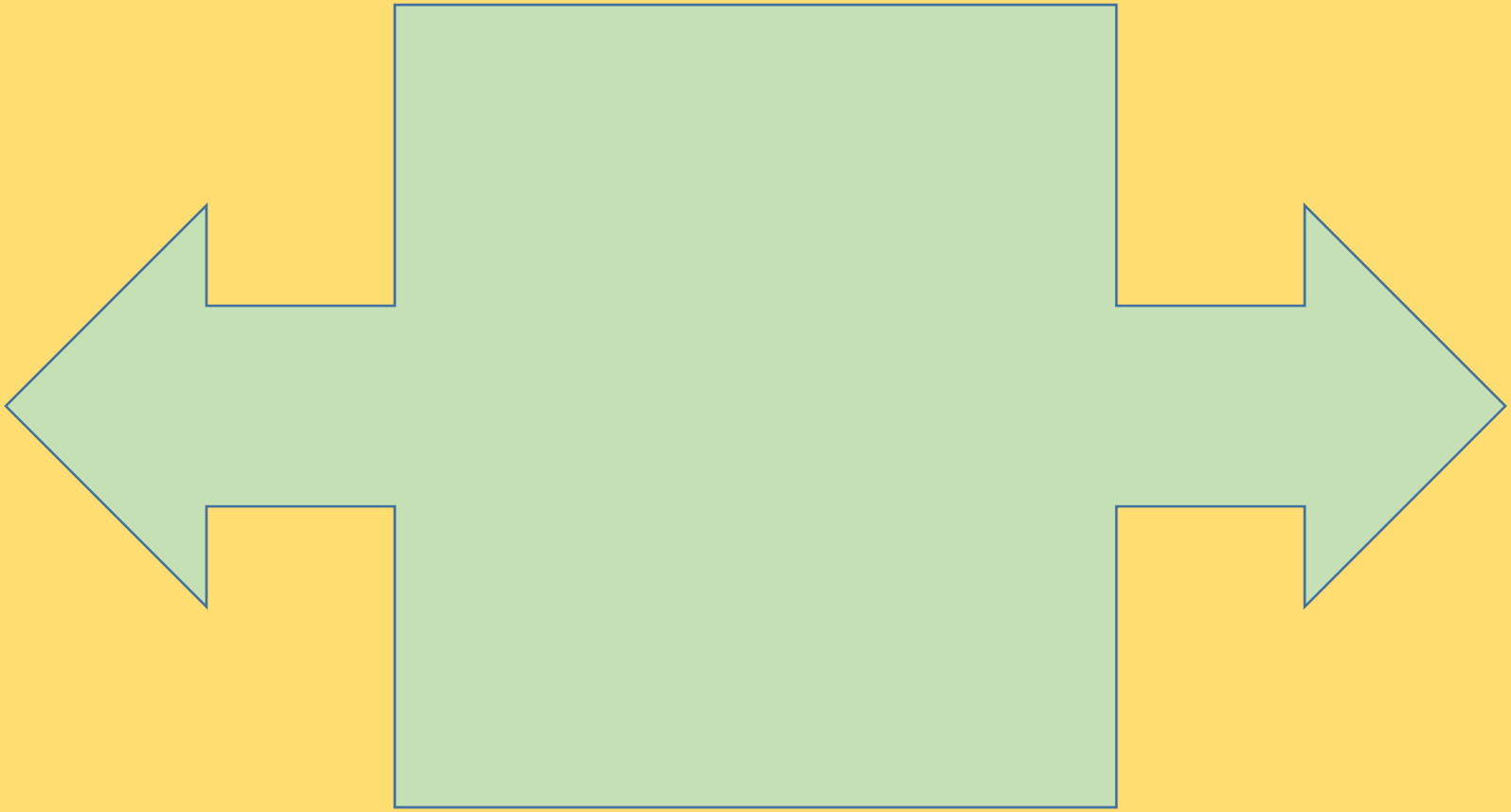
Managing yourself is an act of leadership.

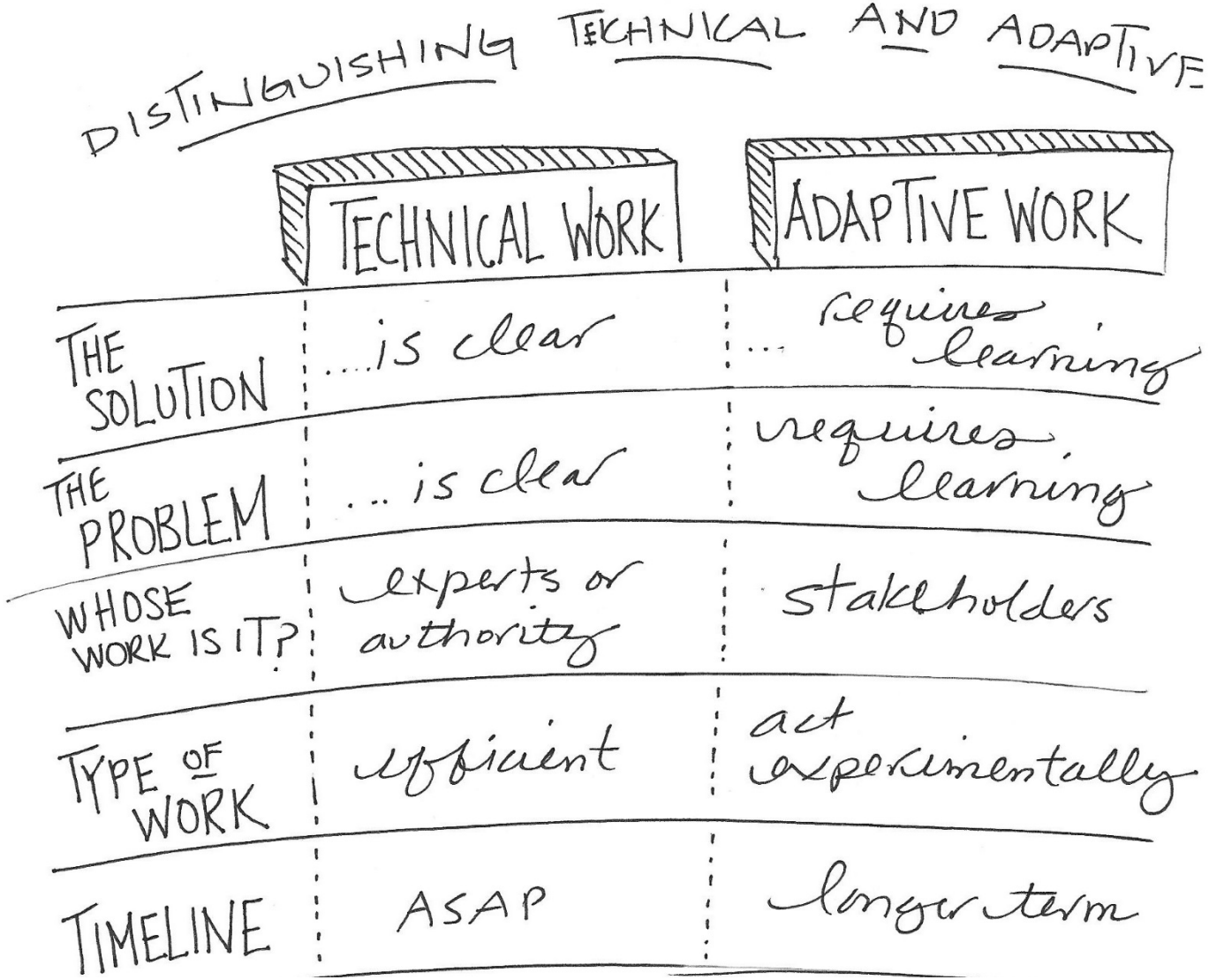
Leadership is an activity not a position.

Leadership is mobilizing people to do difficult work.

What are your aspirations?

What makes leadership difficult?




DISTINGUISHING TECHNICAL AND ADAPTIVE
TECHNICAL WORK
ADAPTIVE WORK
THE SOLUTION
....is clear
... requires learning
THE PROBLEM
... is clear
requires learning
WHOSE WORK IS IT?
experts or authority
stakeholders
TYPE OF WORK
efficient
act experimentally
TIMELINE
ASAP
longer term

Managing yourself is an act of leadership.

Manage Self

- Know your strengths, vulnerabilities and triggers
- Know the story others tell about you
- Choose among competing values
- Get used to uncertainty and conflict
- Experiment beyond your comfort zone
- Take care of yourself

Ask yourself:

- What kind of self-management will it take to reach our aspirations?
- What makes it worth the effort to manage myself?

Take care of yourself.

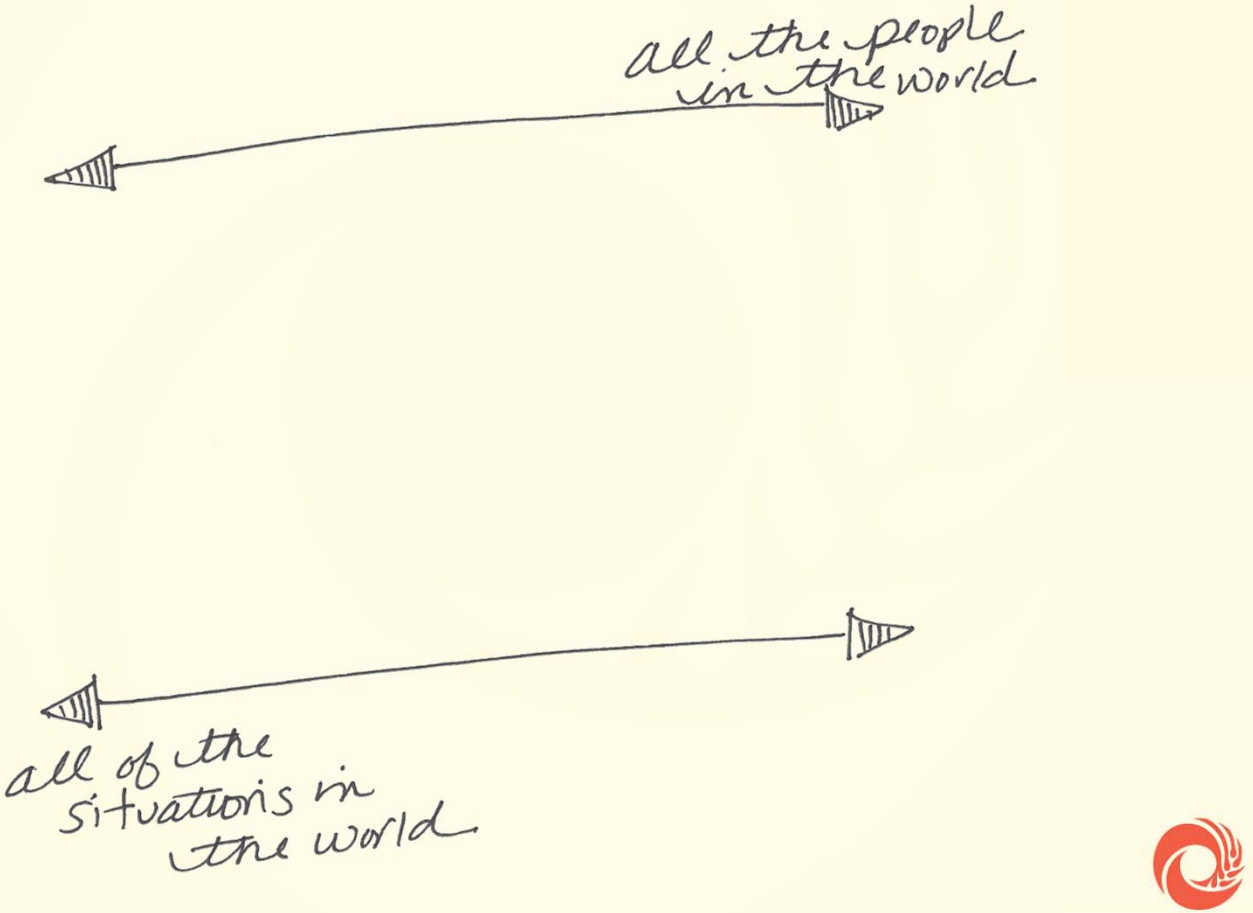
- Sleep.
- Eat well.
- Exercise.
- Stay home when you’re sick.
- Use your vacation days.
- Prayer/meditation/nature.

- Recognize when you need to take care of yourself.
- Make time for the things that keep you sane and happy.
- Know what your priorities are.
- Be aware of destructive needs, hungers, addictions.
- Say “no” often.
- Maintain compassion for yourself.

“It’s not the load that breaks you down, it’s the way you carry it.”

~Lena Horne

Experiment outside your comfort zone



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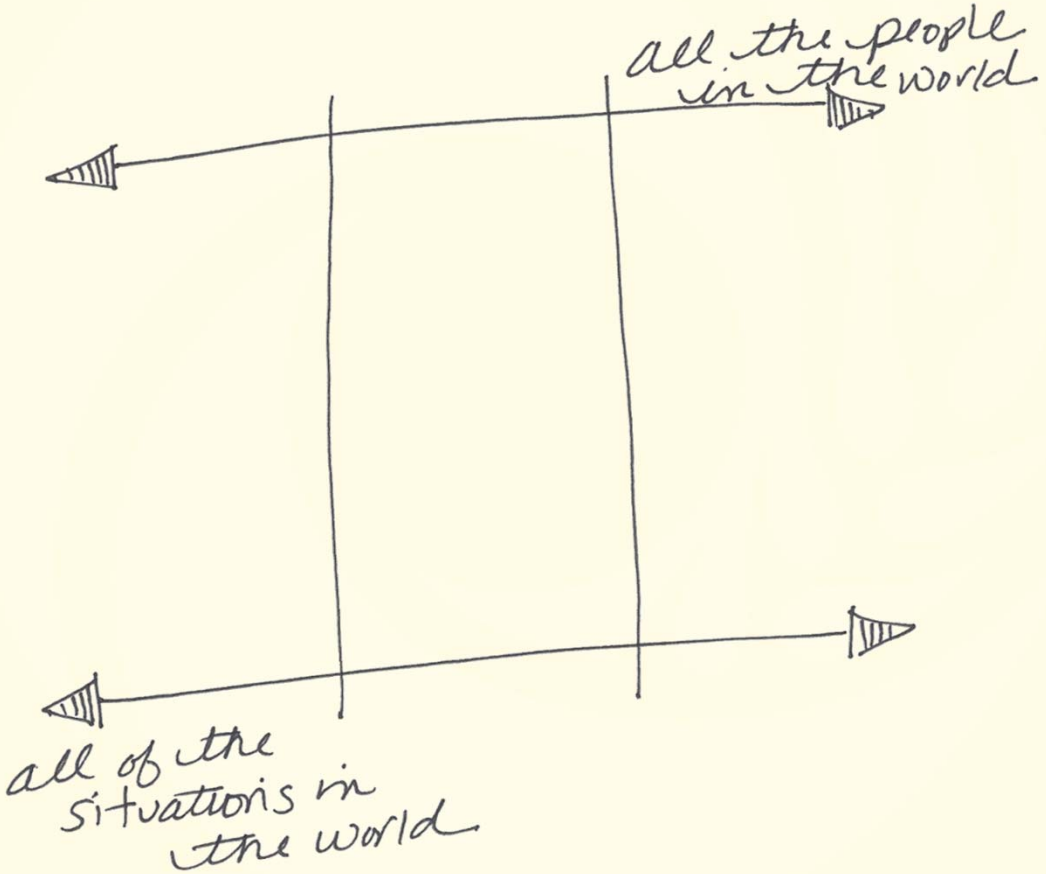

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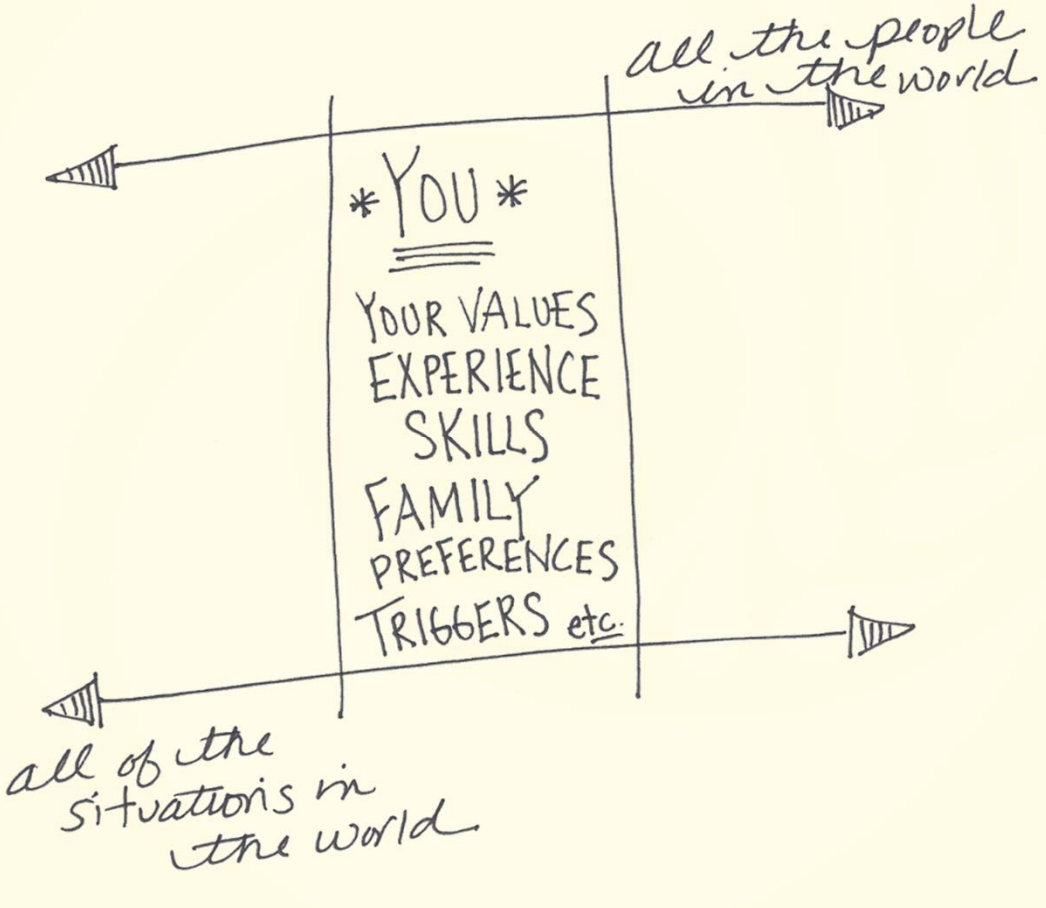

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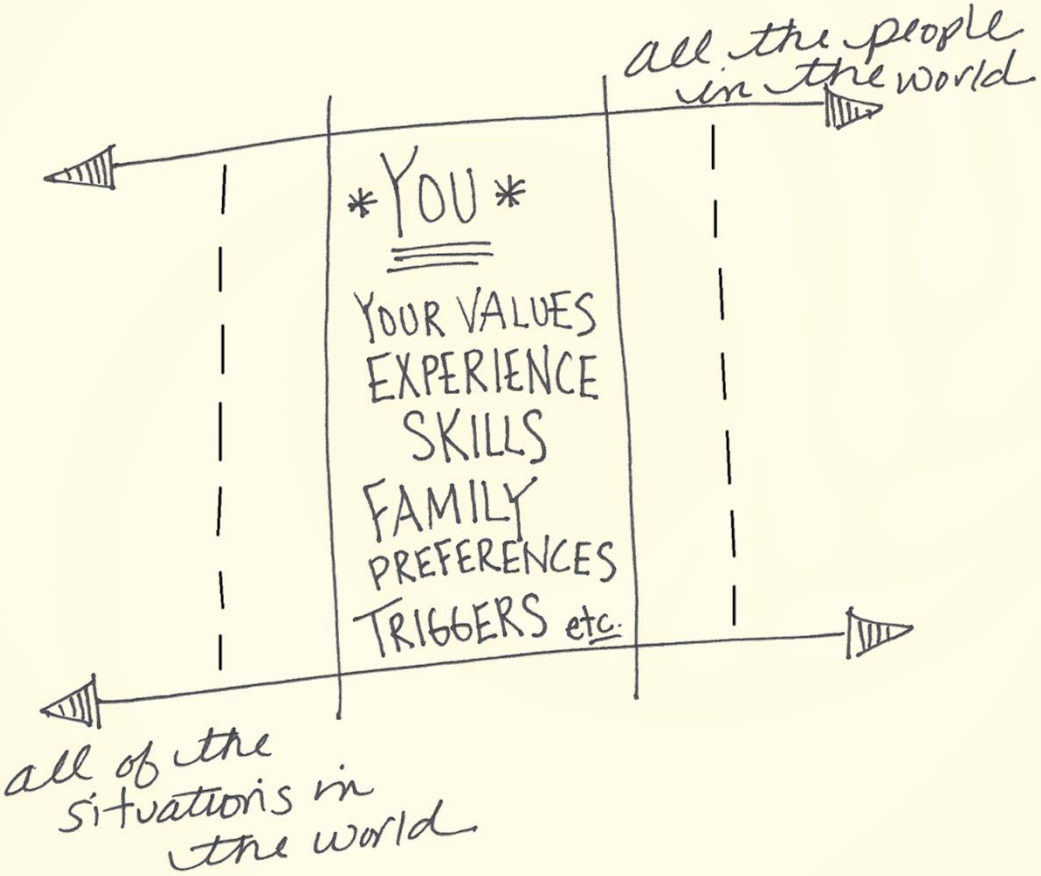

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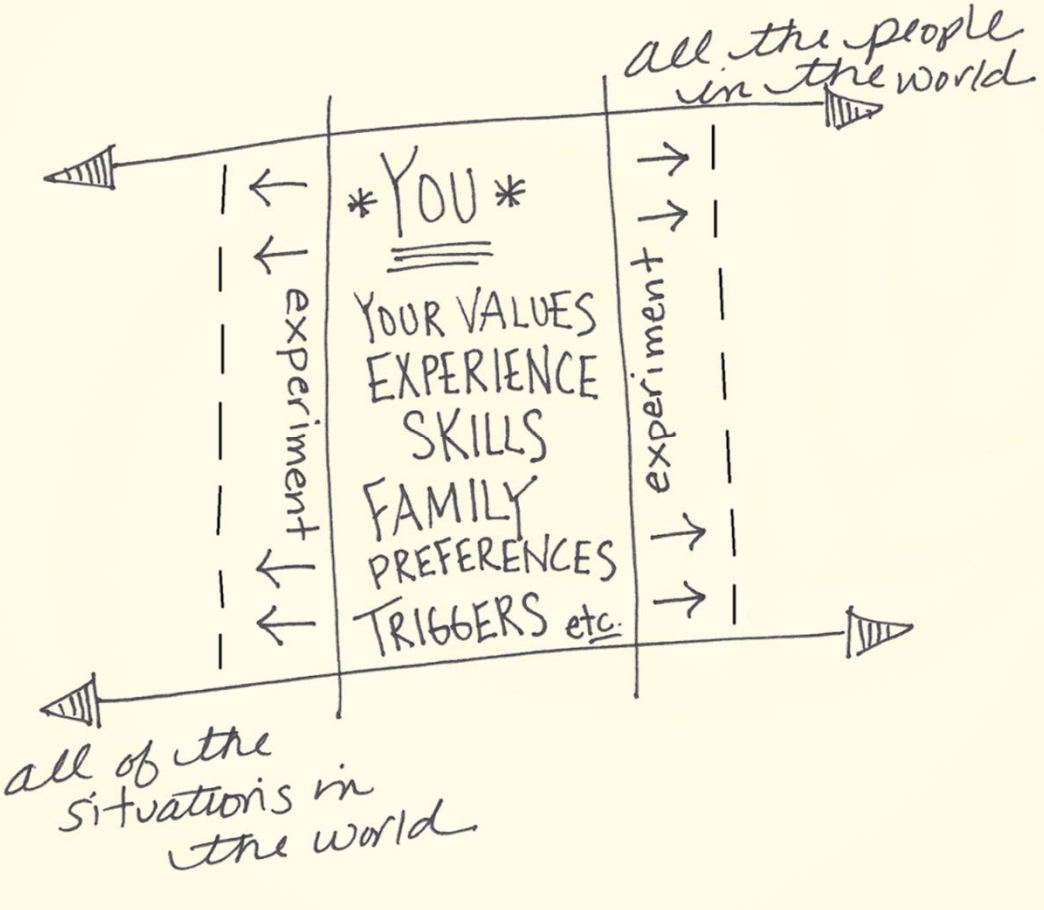

Leadership
is an activity,
not a
position.

Continue the conversation

http://kansasleadershipcenter.org

Questions?